



Sparkbrook

**Children's
Zone**

You're Invited!

Come join our Family Health Day!



Saturday 29th November
Birmingham Central Mosque
1pm - 4pm

Health • Fun • Food • Wellbeing

Family Health Day

FREE



Saturday 29th November 2025



1pm - 4pm



**Birmingham Central Mosque,
180 Belgrave Middleway, B12 0XS**

Health Checks for the Whole Family

**Health Checks for Children
and Young People
(aged 2 - 16 years) include
measuring height, weight,
and checking teeth**

**Health Checks for Adults
include having blood
pressure measured and
health advice**



NHS

**Birmingham
Community Healthcare
NHS Foundation Trust**



umbrella



HIMAYA HAVEN
Empowering Communities

St. Paul's Community
Development Trust



**Child
Bereavement UK**
REBUILDING LIVES TOGETHER



**beezee
bodies**

**For more information visit our website: www.sparkbrookchildrenszone.co.uk
or email us at scz@greensquareaccord.co.uk**